AT HOME WITH

Ghada Abou Adal Hassoun

Writer, TV anchor, producer, media trainer and university professor are just a few of the many roles the talented Ghada Abou Adal Hassoun embraces. The busy mother of two is best known for hosting a popular morning show on Future TV.

Ghada Abou Adal Hassoun's long and impressive CV in media includes anchor, producer, writer, trainer and educator. HOME gets personal with her in a heart-to-heart conversation.

What is your definition of happiness?
Peace of mind.

What is your greatest fear?
War.

What is the trait you most admire in others?
Simplicity and humility; unfortunately, there are fewer people around who are humble and simple.

What is your greatest extravagance?
I don't have much attachment to material things. What I cherish most is being able to live and practice my hobbies with passion, whether it's dancing, being with friends and so on.

What do you most value in friends?
I want friends to be there for me when I need them the most.

If you can change one thing about your appearance what would it be?
Let's say, to have three kilograms less and three centimeters more.

Who are your heroes?
My parents. I appreciate how they raised me, and what they sacrificed as I was growing up. Generally, I do think today we spoil our children too much and our parents did a much better job.

What is your greatest regret?
Nothing. Everything that happens is for a good reason and serves as a lesson.

What do you consider your greatest achievement?
My children.

What is your most treasured possession?
I am not attached to anything material. However, I do love my old photos, and I often go back to them.

What is it that you most dislike?
Hypocrites.

If you could invite any three famous people to dinner at your house, whom would you choose?
The Pope Jean Paul II, actress and Princess of Monaco Grace Kelly and the novelist Marc Levy.

What is your best beauty tip you can share?
Sleep. Getting enough sleep is the best thing.

What is your all-time favorite movie?
"Fame." I just love the music and the spirited dancing.

What is your favorite book?
There are so many, but if I had to choose, it would be "Beauty and the Beast." I love Disney classics.

Who is your favorite actor?
Harrison Ford.

If you didn't choose your current profession, what would you have chosen?
I would have been a lawyer. I love to see justice and hate to see people who commit bad deeds getting away with it.

What is Lebanon for you?
Lebanon ... aahhh! It's a place that is both beautiful and crazy. I can't stay away from it, though. (Laughs.)

What is HOME for you?
For me, it is where family is.



HOME

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